Capital Link Shipping



Monday, March 27, 2023 (Week 13)

IN THE NEWS

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- Earnings Recap
- The Proof is in the Pudding
 - by Richard Diamond

CAPITAL MARKETS

- Currencies, Commodities & Indices
- Shipping Equities Weekly Review
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SHIPPING MARKETS

- GMS Weekly Ship Recycling
- Poten Tanker Opinion
- Stifel Shipping Markets

C-SUITE SHIPPING MARKET UPDATE

- PXS Sailing Higher In Revenue & Profitability -Q4 2022
- Rising Demand & Geopolitics Underpin
 Product Tanker Market Strength DIS Q4 '22

17th Annual
Capital Link
International
Shipping Forum

In Cooperation With

In Partnership With



REPLAYS OUT

MARCH 20, 2023 - NEW YORK METROPOLITAN CLUB 15th Annual
Capital Link
Singapore
Maritime Forum

In Conjunction With

W III / Rich



APRIL 24, 2023 - SINGAPORE THE WESTIN SINGAPORE Maritime Leaders
Summit
DNV & Capital Link

In Conjunction



JUNE 5, 2023 - OSLO
CLARION HOTEL THE HUB





In Partnership With







17th Annual Capital Link International Shipping Forum

REPLAYS OUT **NOW**

March 20, 2023 Metropolitan Club New York City

Capital Link's 17th Annual International Shipping Forum took place on Monday, March 20, 2023 at the Metropolitan Club in New York City, in partnership with Citi and in cooperation with NYSE and Nasdag

The Forum examined the macroeconomic issues that are shaping and transforming the international shipping markets today, featuring a comprehensive review and outlook of the various shipping markets, made more relevant by the release of companies' annual results. Discussions will include topics of critical relevance to the industry geopolitics, energy security, easing covid restrictions in China and its impact, environmental regulations, technology, sanctions and tariffs, access to capital and more.

1x1 meetings were scheduled between institutional investors and senior executives of shipping companies in parallel to the Forum.



KEYNOTE SPEAKER H.E. Geoffrey R. Pyatt Assistant Secretary, Bureau of Energy R esources **U.S.** Department of State



KEYNOTE SPEAKER Ms. Lois Zabrocky CEO International Seaways (INSW)

Industry Topics

- A U.S. EQUITY MARKET UPDATE
- **SETTING THE STAGE THE STATE & OUTLOOK OF THE SHIPPING MARKETS**
- SHIPPING & ENERGY TRANSITION WHAT'S **NEXT**
- SHIP FINANCE
- **INVESTING IN SHIPPING**
- **RUSSIAN OIL PRICE CAP**

Shipping Sectors

- **LNG SECTOR**
- LPG SECTOR PANEL
- **OFFSHORE WIND PANEL**
- **CONTAINER SHIPPING SECTOR**
- **CRUDE OIL TANKER SHIPPING SECTOR**
- PRODUCT TANKER SHIPPING SECTOR
- ANALYST ROUNDTABLE

Watch Replays Now

IN PARTNERSHIP WITH





IN CONJUNCTION WITH

SINGAPORE maritime week*

5th Annual Capital Link Singapore Maritime Forum

MONDAY, APRIL 24, 2023 THE WESTIN SINGAPORE

Capital Link's 5th Annual Singapore Maritime Forum will take place on Monday, April 24, 2023 at the Westin Hotel in Singapore. The Forum is held in partnership with Columbia Shipmanagement and Singhai Marine Services. It is held in conjunction with the Singapore Maritime Week.

KEYNOTE SPEAKERS



2023 Capital Link Shipping **Leadership Award Recipient**

Mr. Esben Poulsson **Executive Chairman Enesel Pte. Ltd**



Introductory Remarks by:

Mr. Andreas Sohmen-Pao Chairman of **BW Group**

FEATURED SPEAKERS

Mr. Mark O'Neil Columbia Shipmanagement; Ocean Network Express President - InterManager



Mr. Jeremy Nixon CEO



Mr. Khalid Hashim Managing Director **Precious Shipping**



Mr. Stamatis Tsantanis Chairman & CEO Seanergy Maritime Holdings Corp (SHIP) United Maritime Corporation (USEA)



Mr. Terence Zhao Managing Director Singhai Marine Services



Executive Chairman Wah Kwong Maritime Transport Holdings



MONDAY, JUNE 5TH, 2023
CLARION HOTEL THE HUB
OSLO, NORWAY



Maritime Leaders Summit

On Monday, June 5, 2023, Capital Link & DNV will host the Maritime Leaders Summit at the Clarion Hotel The Hub in Oslo, Norway.

The Forum will take place within the context of Nor-Shipping 2023, which brings together maritime leaders from all over the world.

Gathering up leaders and decision makers from across shipping's value chain, this international thought leadership event will cover topics related to new energy landscape, maritime challenges, environmental regulations, technology, outlook of the various shipping markets and access to capital.

Featured Keynote Roundtable Discussion



Mr. Kitack Lim
Secretary General
International Maritime
Organization (IMO)



Mr. Knut Ørbeck-Nilssen CEO
DNV Maritime

Capital Link Shipping



Capital Link is a New York-based Advisory, Investor Relations and Financial Communications firm. Capitalizing on our in-depth knowledge of the shipping industry and capital markets, Capital Link has made a strategic commitment to the shipping industry becoming the largest provider of Investor Relations and Financial Communications services to international shipping companies listed on the US and European Exchanges. Capital Link's headquarters are in New York with a presence in London and Athens.



Investor Relations & Financial Advisory

Operating more like a boutique investment bank rather than a traditional Investor Relations firm, our objective is to assist our clients enhance long term shareholder value and achieve proper valuation through their positioning in the investment community. We assist them to determine their objectives, establish the proper investor outreach strategies, generate a recurring information flow, identify the proper investor and analyst target groups and gather investor and analyst feedback and related market intelligence information while keeping track of their peer group. Also, to enhance their profile in the financial and trade media.

In our effort to enhance the information flow to the investment community and contribute to improving investor knowledge of shipping, Capital Link has undertaken a series of initiatives beyond the traditional scope of its investor relations activity, such as:



www.CapitalLinkShipping.com

A web based resource that provides information on the major shipping and stock market indices, as well as on all shipping stocks. It also features an earnings and conference call calendar, industry reports from major industry participants and interviews with CEOs, analysts and other market participants.



Capital Link Shipping Weekly Markets Report

Weekly distribution to an extensive audience in the US & European shipping, financial and investment communities with updates on the shipping markets, the stock market and listed company news.



www.CapitalLinkWebinars.com

Sector Forums & Webinars: Regularly, we organize panel discussions among CEOs, analysts, bankers and shipping industry participants on the developments in the various shipping sectors (containers, dry bulk, tankers) and on other topics of interest (such as Raising Equity in Shipping Today, Scrapping, etc).



Capital Link Investor Shipping Forums

In New York, Athens and London bringing together investors, bankers, financial advisors, listed companies CEOs, analysts, and shipping industry participants.



www.MaritimeIndices.com

Capital Link Maritime Indices: Capital Link developed and maintains a series of stock market maritime indices which track the performance of U.S. listed shipping stocks (CL maritime Index, CL Dry Bulk Index, CL Tanker Index, CL Container Index, CL LNG/LPG Index, CL Mixed Fleet Index, CL Shipping MLP Index – Bloomberg page: CPLI. The Indices are also distributed through the Reuters Newswires and are available on Factset.

IN THE NEWS

Latest Company News

Monday, March 20, 2023

Castor Maritime Inc. Announces the Sale of the M/V Magic Rainbow for \$12.6 Million and With an Expected Net Gain of \$4.4 Million

Limassol, Cyprus, March 20, 2023 – Castor Maritime Inc. (NASDAQ: CTRM), ("Castor", or the "Company"), a diversified global shipping company, announces that on March 13, 2023, we entered into an agreement with a third party for the sale of the M/V Magic Rainbow at a price of \$12.6 million. The conclusion of the sale agreement is subject to the execution of definitive documentation customary for this type of transaction.

https://castormaritime.com/images//press_releases/Castor_Maritime_I nc_Announces_the_Sale_of_the_MV_Magic_Rainbow_for_126_Millio n_and_With an Expected Net Gain_of_44_Million.pdf

Globus Maritime Announces Filing of its 2022 Annual Report on Form 20 –F

Glyfada, Greece, March 20, 2023. Globus Maritime Limited ("Globus," the "Company," "we," or "our"), (NASDAQ: GLBS), a dry bulk shipping company, announced today that the Company's annual report on Form 20-F that contains the Company's audited financial statements for the fiscal year ended December 31, 2022 was filed today with the Securities and Exchange Commission, and may be found on the Company's website at www.globusmaritime.gr under Investor Relations. http://www.globusmaritime.gr/press/globuspr032023a.pdf

GRINDROD SHIPPING HOLDINGS LTD.ANNOUNCES CHANGES TO MANAGEMENT AND BOARD OF DIRECTORS

Singapore, March 20, 2023: — Grindrod Shipping Holdings Ltd. (NASDAQ: GRIN) (JSE: GSH) ("Grindrod Shipping" or "Company" or "we" or "us" or "our"), a global provider of maritime transportation services in the drybulk sector, today announced the following changes to our executive management and Board of Directors (the "Board"). Effective from March 31, 2023, Mr. Stephen Griffiths will be retiring from the Company as Interim Chief Executive Officer and Chief Financial Officer after more than 13 years of service with Grindrod Shipping and its predecessors.

https://www.capitallink.com/press/Grindrod032023.pdf

Navigator Holdings Ltd. Preliminary Fourth Quarter and Financial Year 2022 Results (Unaudited) Highlights

Navigator Holdings Ltd. (the "Company", "we", "our" and "us") (NYSE: NVGS) reported operating revenue of \$123.3 million for the three months ended December 31, 2022, compared to \$132.3 million for the three months ended December 31, 2021. Operating revenue for the year ended December 31, 2022, amounted to \$473.8 million, compared to \$406.5 million for the year ended December 31, 2021. https://navigatorgas.com/navigator-holdings-ltd-preliminary-fourth-quarter-and-financial-year-2022-results-unaudited-highlights/

Nordic American Tankers Ltd (NYSE: NAT) – Update on important questions

Monday, March 20, 2023 - Dear Shareholders and Investors, There is nervousness in the stock markets. This nervousness does not impact Nordic American Tankers Ltd (NAT). We would like to highlight three observations on the market for oil transportation: https://www.nat.bm/nordic-american-tankers-ltd-nyse-nat-update-on-important-questions/

Safe Bulkers, Inc. Announces Common Stock Repurchase Program

Monaco – March 20, 2023 — Safe Bulkers, Inc. (the "Company" or "Safe Bulkers") (NYSE: SB), an international provider of marine drybulk transportation services, announced today that it has authorized a program under which it may from time to time in the future purchase up to 5,000,000 shares of the Company's common stock. If the maximum number of shares of the Company's common stock are purchased pursuant to the aforementioned program, it would represent approximately 4.3% of the shares of the Company's common stock outstanding and 6.6% of its public float.

https://safebulkers.com/safe-bulkers-inc-announces-common-stock-repurchase-program-2/

Heidmar Inc. Announces Business Combination Agreement with Home Plate Acquisition Corporation

ATHENS, GREECE – Heidmar Inc. ("Heidmar"), a commercial and pool management business servicing the crude oil and refined petroleum product tanker market, today announced it has entered into a definitive agreement for a business combination with Home Plate Acquisition Corporation (NASDAQGM: HPLT), a publicly-listed, special purpose acquisition company ("Home Plate"). Upon completion of the proposed transaction, the combined company will operate under the "Heidmar" name and be listed on NASDAQ under the ticker symbol "HMAR". https://www.heidmar.com/press-release/

Tuesday, March 21, 2023

Capital Product Partners L.P. Announces New Time Charter for the M/V Akadimos

ATHENS, Greece, March 21, 2023 (GLOBE NEWSWIRE) -- Capital Product Partners L.P. (the "Partnership", "CPLP" or "we" / "us") (NASDAQ:CPLP), an international owner of ocean going vessels, today announced that it has agreed a new time charter for the M/V Akadimos (115,534 dwt/9,288 TEU, container carrier built 2015, Daewoo-Mangalia Heavy Industries S.A., Romania) with a major liner company. http://www.capitalpplp.com/news-releases/news-release-details/capital-product-partners-lp-announces-new-time-charter-mv

(NAT) Our Role in Ship-to-Ship Transfer Operations

Normally, oil is transferred from ships to land-based terminals. In some areas oil must be transferred between two ships (STS). As an example a supertanker carrying oil from the Middle East, cannot access a port in the Houston/US Gulf area, because of its size. Therefore, the cargo is transferred to smaller vessels that bring the oil to shore. https://www.nat.bm/a-pioneer-in-the-shuttle-tanker-business/

SCORPIO TANKERS ANNOUNCES A NEW TIME CHARTER-OUT AGREEMENT

MONACO, March 21, 2023 (GLOBE NEWSWIRE) — Scorpio Tankers Inc. (NYSE:STNG) ("Scorpio Tankers," or the "Company") announced today that it has entered into a new time charter-out agreement. https://www.scorpiotankers.com/scorpio-tankers-announces-a-new-time-charter-out-agreement/

IN THE NEWS

Latest Company News

Capital increase in TORM due to exercise of Restricted Share Units as part of TORM's incentive program

TORM plc ("TORM") increases its share capital by 802,800 ordinary A-shares (corresponding to a nominal value of USD 8,028.00) as a result of employees having exercised a corresponding number of Restricted Share Units ("RSUs") related to RSUs granted in 2020, 2021 and 2022. Subsequent to such share capital increase further 313,502 RSUs are eligible for exercise during 2023.

https://www.torm.com/investors/announcements/ir-releases/news-details/2023/Capital-increase-in-TORM-due-to-exercise-of-Restricted-Share-Units-as-part-of-TORMs-incentive-program-1c1569e9b/default.aspx

Wednesday, March 22, 2023

million-105800259.html

Höegh LNG: Acquisition of LNG carrier completed

Hamilton, Bermuda, 22 March 2023 - With reference to the stock exchange notice dated 20 February 2023, Höegh LNG Holdings Ltd. ("Höegh LNG") announces that it today has completed the acquisition of the 2013-built LNG carrier Golar Seal. The vessel is renamed to Hoegh Gandria. https://www.hoeghlng.com/investor-relations/news/news-details/2023/Hegh-LNG-Acquisition-of-LNG-carrier-completed/default.aspx

Teekay Corporation Completes \$30 Million Share Repurchase Program and Announces New Share Repurchase Program

HAMILTON, Bermuda, March 22, 2023 (GLOBE NEWSWIRE) -- Teekay Corporation (Teekay or the Company) (NYSE:TK) today announced that the Company has completed its previously-announced \$30 million share repurchase program. Under the program, the Company has repurchased 6.45 million common shares, or approximately 6.3% of the outstanding common shares immediately prior to commencement of the program in August 2022, for a total of \$30 million, which equates to an average price of \$4.64 per share. https://finance.yahoo.com/news/teekay-corporation-completes-30-

ZIM Updates on Withholding Tax Procedures on April 2023 Cash Dividend

HAIFA, Israel, March 22, 2023 /PRNewswire/ -- ZIM Integrated Shipping Services Ltd. (NYSE: ZIM) ("ZIM" or the "Company"), a global container liner shipping company, hereby updates that in connection with the dividend distribution expected to take place on April 3, 2023, as previously announced by the Company on March 13, 2023 (the "Dividend"), it had obtained an extension of its previously obtained tax ruling from the Israeli Tax Authority, or ITA, with respect to the tax withholding procedures relating to the payment of the Dividend to the Company's shareholders (the "Ruling").

https://investors.zim.com/news/news-details/2023/ZIM-Updates-on-Withholding-Tax-Procedures-on-April-2023-Cash-Dividend/default.aspx

Thursday, March 23, 2023

DHT Holdings, Inc. has filed Form 20-F for 2022 with the US Securities and Exchange Commission

HAMILTON, BERMUDA, March 23, 2023 – DHT Holdings, Inc. (NYSE:DHT) (the "Company") has filed its 2022 annual report on Form 20-F with the US Securities and Exchange Commission (the "SEC"). The report and the audited financial statements are available on DHT's website www.dhtankers.com and the below link.

https://www.dhtankers.com/dht-holdings-inc-has-filed-form-20-f-for-2022-with-the-us-securities-and-exchange-commission/

Dorian LPG Ltd. Announces Delivery of 2023-Built Dual-Fuel VLGC HLS Diamond Under Long-Term Time Charter

STAMFORD, Conn., March 23, 2023 /PRNewswire/ -- Dorian LPG Ltd. (NYSE: LPG) (the "Company" or "Dorian LPG"), one of the world's largest owners and operators of modern and ECO very large gas carriers ("VLGCs"), is pleased to announce that it took delivery of the 2023-built Dual-Fuel LPG Carrier HLS Diamond, which is the second dual fuel LPG carrier to join the Dorian LPG fleet, on long-term time charter. She will trade in the Helios LPG Pool which we operate jointly with MOL subsidiary, Phoenix Tankers.

https://www.dorianlpg.com/news-and-media/press-release-details/2023/Dorian-LPG-Ltd.-Announces-Delivery-of-2023-Built-Dual-Fuel-VLGC-HLS-Diamond-Under-Long-Term-Time-Charter/default.aspx

ENETI INC. ANNOUNCES PURCHASE OF COMMON SHARES BY SCORPIO HOLDINGS LIMITED

MONACO, March 23, 2023 (GLOBE NEWSWIRE) — Eneti Inc. (NYSE:NETI) (the "Company") announced today that Scorpio Holdings Limited ("SHL"), a related party, has purchased 1,000,000 common shares of the Company at an average price of \$8.90 per share from the Marubeni Corporation via a private placement. The Company had issued the shares to Marubeni Corporation as part of the acquisition price paid by the Company to acquire Seajacks in August 2021. https://www.eneti-inc.com/eneti-inc-announces-purchase-of-common-shares-by-scorpio-holdings-limited-10/

Euronav Special Shareholder Meeting results

ANTWERP, Belgium, March 23, 2023 – Euronav NV (NYSE: EURN & Euronext: EURN) ("Euronav") today held a Special Meeting of Shareholders in Antwerp to vote on resolutions submitted by Famatown Finance Ltd and CMB NV. Shareholders voted to maintain independent directors Grace Reksten Skaugen, Anita Odedra, Carl Trowell.

https://www.euronav.com/en/investors/company-news-reports/press-releases/2023/euronav-special-shareholder-meeting-results/

EURONAV BROADCAST SGM RESULTS

ANTWERP, Belgium, 23 March – Euronav NV (NYSE: EURN & Euronext: EURN) ("Euronav" or the "Company") will provide a live webcast of the voting results today 23 March 2023, during our Special General Meeting. Please note that the webcast will consist of the result slides only, so there will not be any audio or presentation included. https://www.euronav.com/en/investors/company-news-reports/press-releases/2023/euronav-broadcast-sgm-results/

IN THE NEWS

Latest Company News

Global Ship Lease Files its Annual Report for 2022 on Form 20-F LONDON, March 23, 2023 (GLOBE NEWSWIRE) -- Global Ship Lease, Inc. (NYSE:GSL) (the "Company") filed its Annual Report on Form 20-F for the year ended December 31, 2022 (the "Form 20-F") with the U.S. Securities and Exchange Commission (the "SEC"). In compliance with the New York Stock Exchange rules, a copy of the Form 20-F can be found under the Investor Relations section (Annual Reports) of the Company's website at https://www.globalshiplease.com/news-releases/news-release-details/global-ship-lease-files-its-annual-report-2022-form-20-f

Pyxis Tankers Announces Completion of Sale of Its 2009 Built Tanker

Maroussi, Greece, March 23, 2023 – Pyxis Tankers Inc. (NASDAQ Cap Mkts: PXS), (the "Company"), an international pure play product tanker company, today announced that it has completed the sale of the Pyxis Malou, a 2009 built 50,667 dwt product tanker, for the aggregate sale price of \$24.8 million. After repayment of vessel's bank debt and related transaction costs, the Company received aggregate net cash proceeds of approximately \$18.9 million.

https://www.pyxistankers.com/news-and-media/press-release-details/2023/Pyxis-Tankers-Announces-Completion-of-Sale-of-Its-2009-Built-Tanker/default.aspx

Friday, March 24, 2023

Ardmore Shipping Files 2022 Annual Report on Form 20-F

HAMILTON, Bermuda, March 24, 2023 /PRNewswire/ -- Ardmore Shipping Corporation (NYSE: ASC) ("Ardmore" or the "Company") announced today that it has filed its Annual Report on Form 20-F for the year ended December 31, 2022 (the "Form 20-F") with the U.S. Securities and Exchange Commission (the "SEC").

https://ardmoreshipping.investorroom.com/2023-03-24-Ardmore-Shipping-Files-2022-Annual-Report-on-Form-20-F

Flex LNG - Finalize the Balance Sheet Optimization Programme

Hamilton, Bermuda - March 24, 2022 - Flex LNG Ltd ("Flex LNG" and/or the "Company") (NYSE/OSE: FLNG) is today pleased to announce that the Balance Sheet Optimization Programme has been finalized with the signing of the \$290m loan agreement for the refinancing of Flex Freedom and Flex Vigilant. Since our Q4 earnings report on February 14, 2023, we have completed the refinancing of Flex Aurora, Flex Artemis and Flex Amber during February, while the lease for Flex Rainbow and the refinancing of Flex Freedom and Flex Vigilant were closed in March.

https://www.flexlng.com/?page=197

Navios Maritime Partners L.P. Announces Changes to the Board of Directors

MONACO, March 24, 2023 (GLOBE NEWSWIRE) -- Navios Maritime Partners L.P. ("Navios Partners" or the "Company") (NYSE: NMM), an international owner and operator of dry cargo and tanker vessels, announced today the appointment of Vassilios Mouyis to its Board of Directors replacing Orthodoxia Zisimatou who is retiring.

https://ir.navios-mlp.com/news-releases/news-release-details/navios-maritime-partners-lp-announces-changes-board-directors

Navios Maritime Partners L.P. Announces Availability of Its Form 20-F for the Year Ended December 31, 2022

MONACO, March 24, 2023 (GLOBE NEWSWIRE) -- Navios Maritime Partners L.P. ("Navios Partners") (NYSE:NMM) announced that its Annual Report on Form 20-F for the year ended December 31, 2022 has been filed with the SEC and can be accessed on Navios Partners' website www.navios-mlp.com under the "Investors" section.

https://ir.navios-mlp.com/news-releases/news-release-details/navios-maritime-partners-lp-announces-availability-its-form-14

SCORPIO TANKERS INC. ANNOUNCES AVAILABILITY OF 2022 ANNUAL REPORT ON FORM 20-F

MONACO, March 24, 2023 (GLOBE NEWSWIRE) — Scorpio Tankers Inc. (NYSE: STNG) ("Scorpio Tankers" or the "Company") announced today that its Annual Report on Form 20-F for the year ended December 31, 2022 has been filed with the Securities and Exchange Commission and can be accessed on the Company's website www.scorpiotankers.com in the Investors section under Reports and Presentations.

https://www.scorpiotankers.com/scorpio-tankers-inc-announces-availability-of-2022-annual-report-on-form-20-f/

Repeat: SFL - Filing of Annual Report 2022 on form 20-F

SFL Corporation Ltd. (NYSE: SFL) ("SFL" or the "Company") announces that its annual report on Form 20-F for the financial year ended December 31, 2022 (the "Annual Report") has been filed with the U.S. Securities and Exchange Commission (the "Commission"). The Annual Report may be accessed through SFL's website, www.sflcorp.com, or directly in the link below. The Annual Report is also available on the website of the Commission at www.sflcorp.com/repeat-sfl-filing-of-annual-report-2022-on-form-20-f/



IN THE NEWS

Non US-Listed Company News

Monday, March 20, 2023

Stolt Sea Farm sponsors education initiative for school students

Stolt Sea Farm is pleased to once again sponsor the Sea at School, Playing with the Wind ("O Mar na Escola, Xogando co vento") educational programme, in partnership with local government and community associations in Galicia, Spain.

https://www.stolt-nielsen.com/news-insights/news/stolt-sea-farmsponsors-education-initiative-for-school-students/

Stolt Tankers acquires two tankers for Inter-Caribbean trade

Stolt Tankers has announced that it has increased its fleet with the acquisition of two modern 15,000 dwt stainless steel chemical tankers built in 2018 and 2019 respectively. The ships will be named the Stolt Condor and Stolt Tucan and join Stolt Tankers' Inter-Caribbean service improving Stolt Tankers' service offering and capability for customers in the US Gulf and Caribbean markets.

https://www.stolt-nielsen.com/news-insights/news/stolt-tankersacquires-two-tankers-for-inter-caribbean-trade/

Thursday, March 23, 2023

MPCC: Ex-dividend USD 0.15 today (Q4 2022)

From today, March 23, 2023, the shares in MPC Container Ships ASA (OSE: MPCC) will be traded ex-dividend USD 0.15 (NOK 1.5765) This information is subject to the disclosure requirements pursuant to Section 5-12 of the Norwegian Securities Trading Act.

https://www.mpc-container.com/investors/investor-news/2023/mpccex-dividend-usd-015-today-q4-2022/

Friday, March 24, 2023

MPC Container Ships: Annual Report and ESG Report 2022

MPC Container Ships ASA has today published its Annual Report and ESG Report for 2022. The Company has also published its annual financial statements in European Single Electronic Format (ESEF). The reports and the ESEF file are enclosed to this release and available on the Company's website at https://www.mpc- container.com/investors/financial-reports/.

https://www.mpc-container.com/investors/investor-news/2023/mpccontainer-ships-annual-report-and-esg-report-2022/

(ODF) Approval of 2022 annual accounts, redemption of treasury

The Board of Directors of Odfjell SE has today approved the annual accounts for 2022. There are no changes in the final accounts compared with the preliminary financial statements published on February 8, 2023. The board has decided to propose to the annual general meeting that 5 226 620 A-shares and 1 822 482 B-shares in the Company held in treasury by the Company should be redeemed in the form of a share capital reduction of NOK 17 622 755 from NOK 216 922 370 to NOK 199 299 615 to be resolved at the Company's general meeting to be held on May 3, 2023.

https://www.odfjell.com/about/our-stories/approval-of-2022-annualaccounts-redemption-of-treasury-shares/

Stolthaven Terminals joins the Ammonia Energy Association

Stolthaven Terminals is pleased to announce it has joined the Ammonia Energy Association (AEA), a global non-profit industry association that promotes the responsible use of ammonia as part of a sustainable energy economy.

https://www.stolt-nielsen.com/news-insights/news/stolthaventerminals-ioins-the-ammonia-energy-association/

Stolt Tankers leads discussion on ammonia's future-fuel potential

Stolt Tankers' Business Partner – Sustainability and Decarbonisation, Giorgio Guadagna has taken part in a webinar organised by the Mærsk Mc-Kinney Møller Center for Zero Carbon Shipping (MMMZCS) on ammonia as a maritime fuel of the future.

https://www.stolt-nielsen.com/news-insights/news/stolt-tankers-leadsdiscussion-on-ammonia-s-future-fuel-potential/



IN THE NEWS

Earnings Recap





Globus Maritime Announces Filing of its 2022 Annual Report on Form 20 –F

Glyfada, Greece, March 20, 2023. Globus Maritime Limited ("Globus," the "Company," "we," or "our"), (NASDAQ: GLBS), a dry bulk shipping company, announced today that the Company's annual report on Form 20-F that contains the Company's audited financial statements for the fiscal year ended December 31, 2022 was filed today with the Securities and Exchange Commission, and may be found on the Company's website at www.globusmaritime.gr under Investor Relations. http://www.globusmaritime.gr/press/globuspr032023a.pdf

Navigator Holdings Ltd. Preliminary Fourth Quarter and Financial Year 2022 Results (Unaudited) Highlights

Navigator Holdings Ltd. (the "Company", "we", "our" and "us") (NYSE: NVGS) reported operating revenue of \$123.3 million for the three months ended December 31, 2022, compared to \$132.3 million for the three months ended December 31, 2021. Operating revenue for the year ended December 31, 2022, amounted to \$473.8 million, compared to \$406.5 million for the year ended December 31, 2021. https://navigatorgas.com/navigator-holdings-ltd-preliminary-fourth-quarter-and-financial-year-2022-results-unaudited-highlights/

IN THE NEWS

Today's Blog

The Proof is in the Pudding

By Richard Diamond - March 16, 2023

Last week's events certainly surprised us as well as confirming certain opinions. We did not expect a major US bank failure, as well as the upending of years of previous FDIC policy. On the other hand, it did confirm for us that most end of year market forecasts are worthless. In December, no CNBC commentator expected the FDIC to rescue Silicon Valley Bancorp's depositors, nor the effect this rescue would have on the entire US banking system. Unfortunately, today we are told by many of the same commentators what to expect. Ignore them or flip a coin. You will be better off.

Click here to view in entirety



CAPITAL MARKETS DATA

Dividend Paying Shipping Stocks Stock Prices as of March 24, 2023

Company Name	Ticker	Quarterly Dividend	Annualized Dividend	3/24/2023	Annualized Dividend Yield
Container					
Atlas Corp.	ATCO Equity	\$0.125	\$0.50	\$15.48	3.23%
Costamare Inc.	CMRE Equity	\$0.115	\$0.46	\$9.20	5.00%
Danaos Corp.	DAC Equity	\$0.75	\$3.00	\$52.50	5.71%
Euroseas Ltd.	ESEA Equity	\$0.50	\$2.00	\$18.42	10.86%
Global Ship Lease	GSL Equity	\$0.375	\$1.50	\$18.08	8.30%
ZIM Integrated Shipping Services Ltd.	ZIM Equity	\$6.40	\$25.60	\$23.16	110.54%
Drybulk					
Diana Shipping Inc.	DSX Equity	\$0.15	\$0.60	\$4.03	14.89%
Eagle Bulk Shipping Inc.	EGLE Equity	\$0.60	\$2.40	\$47.60	5.04%
Genco Shipping & Trading Ltd	GNK Equity	\$0.50	\$2.00	\$15.63	12.80%
Golden Ocean Group Ltd.	GOGL Equity	\$0.20	\$0.80	\$9.50	8.42%
Grindrod Shipping Holdings Ltd.	GRIN Equity	\$0.03	\$0.12	\$11.25	1.07%
Pangaea Logistics Solutions Ltd.	PANL Equity	\$0.10	\$0.40	\$5.75	6.96%
Safe Bulkers Inc.	SB Equity	\$0.05	\$0.20	\$3.64	5.49%
Seanergy Maritime Holdings	SHIP Equity	\$0.025	\$0.10	\$5.55	1.80%
Star Bulk Carriers Corp.	SBLK Equity	\$0.60	\$2.40	\$21.31	11.26%
LNG					
Flex LNG Ltd.	FLNG Equity	\$0.75	\$3.00	\$32.49	9.23%
Tankers					
Ardmore Shipping Corp.	ASC Equity	\$0.45	\$1.80	\$14.97	12.02%
DHT Holdings, Inc.	DHT Equity	\$0.38	\$1.52	\$10.71	14.19%
Euronav NV	EURN Equity	\$0.03	\$0.12	\$16.92	0.71%
Frontline Ltd.	FRO Equity	\$0.77	\$3.08	\$16.31	18.88%
International Seaways, Inc.	INSW Equity	\$0.12	\$0.48	\$42.16	1.14%
Nordic American Tankers Ltd.	NAT Equity	\$0.15	\$0.60	\$4.04	14.85%
Scorpio Tankers Inc.	STNG Equity	\$0.20	\$0.80	\$54.53	1.47%
Tsakos Energy Navigation Ltd.	TNP Equity	\$0.15	\$0.30	\$19.30	1.55%
Mixed Fleet					
Ship Finance International Ltd.	SFL Equity	\$0.24	\$0.96	\$9.26	10.37%
Offshore Wind					
Eneti, Inc.	NETI Equity	\$0.01	\$0.04	\$9.51	0.42%
Maritime MLPs					
Capital Product Partners L.P.	CPLP Equity	\$0.15	\$0.60	\$12.70	4.72%
GasLog Partners L.P.	GLOP Equity	\$0.01	\$0.04	\$8.26	0.48%
KNOT Offshore Partners L.P.	KNOP Equity	\$0.026	\$0.104	\$5.11	2.04%
Navios Maritime Partners L.P.	NMM Equity	\$0.05	\$0.20	\$23.85	0.84%

- Annualized dividend yield is based on the assumption the company will issue quarterly dividends equal to the value of the latest one.
- Tsakos Energy Navigation's dividend is semiannual.

CAPITAL MARKETS DATA

Preferred Shipping Stocks Stock Prices as of March 24, 2023

Company	Ticker	Amount Issued (\$m)	Туре	Annual Coupon	Offer Price	Current Price 3/24/2023	Current Yield (annualized)	% change last week	52-week Low	52-week High
Altlas Corp. Series D	ATCO-PD	177.29	perpetual	7.95%	\$25.00	\$22.55	8.81%	-2.13%	\$21.50	\$26.55
Altlas Corp. Series H	ATCO-PH	225	perpetual	7.875%	\$25.00	\$21.84	9.02%	-0.75%	\$20.16	\$25.70
Altlas Corp. Series I	ATCO-PI	150	perpetual	8.00%	\$25.00	\$22.93	8.72%	-3.74%	\$20.20	\$26.85
Costamare Series B	CMRE-PB	50	perpetual	7.625%	\$25.00	\$24.10	7.91%	-1.63%	\$21.60	\$25.96
Costamare Series C	CMRE-PC	100	perpetual	8.50%	\$25.00	\$24.75	8.59%	-1.43%	\$22.80	\$26.49
Costamare Series D	CMRE-PD	100	perpetual	8.75%	\$25.00	\$25.19	8.68%	-0.24%	\$23.85	\$26.77
Costamare Series E	CMRE-PE	115	perpetual	8.875%	\$25.00	\$25.08	8.85%	-0.28%	\$23.56	\$26.81
Diana Shipping Series B	DSX-PB	65	perpetual	8.875%	\$25.00	\$25.50	8.70%	1.39%	\$22.36	\$27.00
Dynagas LNG Partners A	DLNG-PA	75	perpetual	9.000%	\$25.00	\$23.75	9.47%	-0.54%	\$21.60	\$25.14
Dynagas LNG Partners B	DLNG-PB	55	perpetual	8.75%	\$25.00	\$24.05	9.10%	2.95%	\$21.24	\$25.95
GasLog Series A	GLOG-PA	115	perpetual	8.75%	\$25.00	\$24.62	8.89%	2.16%	\$21.94	\$26.40
Gaslog Partners Series A	GLOP-PA	143.75	perpetual	8.63%	\$25.00	\$23.02	9.50%	-2.85%	\$21.82	\$26.54
Gaslog Partners Series B	GLOP-PB	115	perpetual	8.20%	\$25.00	\$23.10	8.87%	-2.51%	\$23.10	\$25.82
Gaslog Partners Series C	GLOP-PC	100	perpetual	8.50%	\$25.00	\$23.03	9.23%	-2.06%	\$21.99	\$26.10
Global Ship Lease Series B	GSL-PB	35	perpetual	8.75%	\$25.00	\$24.86	8.80%	-2.53%	\$23.50	\$26.99
Golar LNG Partners Series A	GMLPP	138	perpetual	8.75%	\$25.00	\$17.20	12.72%	-3.80%	\$12.00	\$22.50
Hoegh LNG Partners Series A	HMLP-PA	115	perpetual	8.75%	\$25.00	\$14.10	15.51%	-1.26%	\$10.67	\$24.40
Navios Maritime Holdings Series G	NM-PG	50	perpetual	8.75%	\$25.00	\$22.45	0.00%	6.40%	\$11.12	\$23.75
Navios Maritime Holdings Series H	NM-PH	120	perpetual	8.63%	\$25.00	\$21.00	0.00%	-4.55%	\$11.60	\$24.00
Safe Bulkers Series C	SB-PC	57.5	perpetual	8.00%	\$25.00	\$24.70	8.10%	-0.20%	\$23.25	\$25.83
Safe Bulkers Series D	SB-PD	80	perpetual	8.00%	\$25.00	\$24.70	8.10%	-0.80%	\$23.02	\$25.69
Teekay LNG Partners Series A	TGP-PA	125	perpetual	9.00%	\$25.00	\$24.00	9.38%	-0.21%	\$22.76	\$25.50
Teekay LNG Partners Series B	TGP-PB	170	perpetual	8.50%	\$25.00	\$23.76	8.94%	-0.99%	\$22.05	\$26.00
Tsakos Energy Series D	TNP-PD	85	perpetual	8.75%	\$25.00	\$24.80	8.82%	1.22%	\$22.18	\$25.50
Tsakos Energy Series E	TNP-PE	115	perpetual	9.250%	\$25.00	\$24.38	9.49%	0.54%	\$23.20	\$25.03
Tsakos Energy Series F	TNP-PF	150	perpetual	9.50%	\$25.00	\$24.51	9.69%	0.36%	\$23.64	\$25.10

* Prices reflected are since inception date:

⁽¹⁾ Annual dividend percentage based upon the liquidation preference of the preferred shares.

CAPITAL MARKETS DATA

Indices

Week ending March 24, 2023

BALTIC INDICES

Index	Symbol	3/24/2023	3/17/2023	% Change	YTD % Change	1/3/2023
Baltic Dry Index	BDIY Index	1,489.00	1,535.00	-3.00	19.12	1250
Baltic Capesize Index	BCI14 Index	1,882.00	1,913.00	-1.62	15.11	1635
Baltic Panamax Index	BPIY Index	1,572.00	1,723.00	-8.76	9.32	1438
Baltic Supramax Index	BSI58A Index	1,332.00	1,318.00	1.06	37.60	968
Baltic Handysize Index	BHSI Index	703.00	694.00	1.30	14.50	614
Baltic Dirty Tanker Index	BIDY Index	1,622.00	1,579.00	2.72	10.72	1465
Baltic Clean Tanker Index	BITY Index	1,200.00	1,070.00	12.15	-0.41	1205

TRANSPORTATION STOCKS

DRYBULK	TICKER	3/24/2023 Friday	3/17/2023 Friday	Change %	52 week high	52 week low	1/3/2023	Three Month Avg. Volume
Castor Maritime Inc.	CTRM	\$0.71	\$0.71	-0.10%	\$0.95	\$0.42	\$0.43	1,392,478
Genco Shipping & Trading Ltd.	GNK	\$15.63	\$15.09	3.58%	\$26.93	\$12.06	\$15.07	1,013,979
Diana Shipping Inc.	DSX	\$4.03	\$3.71	8.63%	\$6.37	\$3.36	\$3.67	767,010
Eurodry Ltd.	EDRY	\$16.90	\$16.75	0.90%	\$42.75	\$12.94	\$16.94	13,680
Eagle Bulk Shipping Inc	EGLE	\$47.60	\$45.28	5.12%	\$76.47	\$41.04	\$48.70	306,033
Globus Maritime Ltd.	GLBS	\$1.11	\$1.09	1.83%	\$2.57	\$1.03	\$1.10	81,748
Golden Ocean Group	GOGL	\$9.50	\$9.24	2.81%	\$16.06	\$7.37	\$8.35	1,875,314
Grindrod Shipping	GRIN	\$11.25	\$11.99	-6.17%	\$28.88	\$10.94	\$17.89	115,865
Navios Maritime Holdings Inc.	NM	\$1.93	\$1.79	7.82%	\$4.41	\$1.60	\$1.67	101,709
Navios Maritime Partners LP	NMM	\$23.85	\$23.03	3.56%	\$35.41	\$20.36	\$25.18	139,184
OceanPal Inc.	OP	\$0.37	\$0.37	-0.03%	\$7.87	\$0.36	\$1.20	948,184
Pangaea Logistics Solutions Ltd.	PANL	\$5.75	\$5.53	3.98%	\$7.01	\$4.38	\$5.41	230,785
Paragon Shipping Inc.	PRGNF	\$0.00	\$0.00	0.00%	\$0.00	\$0.00	\$0.00	88
Safe Bulkers Inc.	SB	\$3.64	\$3.33	9.31%	\$5.07	\$2.42	\$2.86	899,350
Seanergy Maritime	SHIP	\$5.55	\$5.47	1.46%	\$12.30	\$4.46	\$4.83	251,154
Star Bulk Carriers Corp.	SBLK	\$21.31	\$20.46	4.15%	\$33.60	\$17.17	\$18.46	1,524,935

TANKERS	Ticker	3/24/2023	3/17/2023	Change %	52 wk high	52 wk low	1/3/2023	3-Month Avg. Vol.
Ardmore Shipping Corp	ASC	\$14.97	\$14.62	2.39%	\$18.93	\$4.38	\$13.97	979,418
DHT Holdings Inc	DHT	\$10.71	\$10.32	3.78%	\$12.05	\$5.03	\$8.45	2,463,430
Euronav NV	EURN	\$16.92	\$16.42	3.05%	\$20.37	\$9.94	\$16.14	2,527,513
Frontline Ltd/Bermuda	FRO	\$16.31	\$15.90	2.58%	\$18.98	\$7.62	\$11.55	4,255,989
Imperial Petroleum Inc.	IMPP	\$0.17	\$0.16	6.25%	\$1.68	\$0.16	\$0.24	8,018,017
International Seaways	INSW	\$42.16	\$40.72	3.54%	\$52.88	\$17.28	\$34.90	671,644
Knot Offshore Partners	KNOP	\$5.11	\$5.57	-8.26%	\$18.79	\$5.00	\$9.58	492,547
Navios Maritime Partners LP	NMM	\$23.85	\$23.03	3.56%	\$35.41	\$20.36	\$25.18	139,184
Nordic American	NAT	\$4.04	\$3.68	9.78%	\$4.54	\$1.80	\$2.98	3,478,158
Overseas Shipholding	OSG	\$3.71	\$3.44	7.85%	\$3.91	\$1.96	\$2.94	552,566
Performance Shipping Inc	PSHG	\$0.77	\$0.73	5.99%	\$45.22	\$0.69	\$3.50	598,793
Pyxis Tankers	PXS	\$4.87	\$4.87	0.00%	\$6.11	\$2.00	\$4.29	84,645
Scorpio Tankers Inc	STNG	\$54.53	\$54.00	0.98%	\$63.19	\$20.05	\$52.65	1,566,049
Teekay Tankers Ltd	TNK	\$43.40	\$40.94	6.01%	\$47.61	\$13.33	\$28.70	505,643
Top Ships	TOPS	\$0.85	\$0.85	-0.01%	\$21.40	\$0.77	\$1.20	4,275,342
Torm PLC	TRMD	\$33.04	\$33.88	-2.48%	\$36.35	\$8.39	\$27.34	305,412
Toro Corp.	TORO	\$1.53	\$1.70	-10.00%	\$13.14	\$1.47	N/A	N/A
Tsakos Energy Navigation Ltd	TNP	\$19.30	\$17.85	8.12%	\$24.51	\$8.50	\$15.77	424,461

CAPITAL MARKETS DATA

CONTAINERS	Ticker	3/24/2023	3/17/2023	Change %	52 wk high	52 wk low	1/3/2023	3-Month Avg. Vol.
Atlas Corp.	ATCO	\$15.48	\$15.40	0.52%	\$15.54	\$10.25	\$15.34	2,697,545
Box Ships Inc	TEUFF	\$0.00	\$0.00	0.00%	\$0.00	\$0.00	\$0.00	1,599
Capital Product Partners LP	CPLP	\$12.70	\$12.01	5.75%	\$18.76	\$12.01	\$13.57	58,285
Costamare Inc	CMRE	\$9.20	\$9.08	1.32%	\$17.69	\$8.67	\$9.35	615,889
Danaos Corp	DAC	\$52.50	\$51.90	1.16%	\$105.35	\$51.46	\$53.53	152,441
Euroseas	ESEA	\$18.42	\$17.03	8.16%	\$33.66	\$17.03	\$18.70	37,346
Global Ship Lease Inc	GSL	\$18.08	\$18.34	-1.42%	\$29.23	\$15.19	\$16.61	556,324
Navios Maritime Partners LP	NMM	\$23.85	\$23.03	3.56%	\$35.41	\$20.36	\$25.18	139,184
ZIM Integrated Shipping	ZIM	\$23.16	\$23.98	-3.42%	\$73.96	\$16.29	\$16.96	4,588,343

LPG/LNG	Ticker	3/24/2023	3/17/2023	Change %	52 wk high	52 wk low	1/3/2023	3-Month Avg. Vol.
Capital Product Partners LP	CPLP	\$12.70	\$12.01	5.75%	\$18.76	\$12.01	\$13.57	58,285
Dynagas LNG Partners	DLNG	\$2.87	\$2.76	3.99%	\$4.39	\$2.15	\$2.90	60,477
Dorian	LPG	\$20.66	\$19.52	5.84%	\$23.34	\$13.02	\$18.16	661,676
Flex LNG Ltd	FLNG	\$32.49	\$30.89	5.18%	\$37.96	\$24.21	\$30.69	480,769
Gaslog Partners	GLOP	\$8.26	\$8.15	1.35%	\$9.20	\$4.41	\$6.24	458,799
Golar LNG Ltd	GLNG	\$20.40	\$20.27	0.64%	\$29.94	\$20.27	\$22.10	1,070,409
Navigator Gas	NVGS	\$13.34	\$12.06	10.61%	\$15.05	\$10.16	\$11.55	201,183
StealthGas Inc	GASS	\$2.58	\$2.59	-0.39%	\$4.09	\$2.26	\$2.61	119,328

MIXED FLEET	Ticker	3/24/2023	3/17/2023	Change %	52 wk high	52 wk low	1/3/2023	3-Month Avg. Vol.
Atlas Corp.	ATCO	\$15.48	\$15.40	0.52%	\$15.54	\$10.25	\$15.34	2,697,545
Capital Product Partners LP	CPLP	\$12.70	\$12.01	5.75%	\$18.76	\$12.01	\$13.57	58,285
Navios Maritime Holdings Inc	NM	\$1.93	\$1.79	7.82%	\$4.41	\$1.60	\$1.67	101,709
Navios Maritime Partners LP	NMM	\$23.85	\$23.03	3.56%	\$35.41	\$20.36	\$25.18	139,184
Ship Finance International Ltd	SFL	\$9.26	\$9.10	1.76%	\$11.49	\$8.94	\$9.05	809,335
Teekay Corp	TK	\$6.21	\$5.66	9.72%	\$6.41	\$2.60	\$4.45	1,255,991
United Maritime Corp.	USEA	\$2.92	\$2.90	0.69%	\$7.50	\$1.21	\$4.05	159,133

MLPs	Ticker	3/24/2023	3/17/2023	Change %	52 wk high	52 wk low	1/3/2023	3-Month Avg. Vol.
Capital Product Partners	CPLP	\$12.70	\$12.01	5.75%	\$18.76	\$12.01	\$13.57	58,285
Dynagas LNG Partners	DLNG	\$2.87	\$2.76	3.99%	\$4.39	\$2.15	\$2.90	60,477
GasLog Partners	GLOP	\$8.26	\$8.15	1.35%	\$9.20	\$4.41	\$6.24	458,799
KNOT Offshore Partners	KNOP	\$5.11	\$5.57	-8.26%	\$18.79	\$5.00	\$9.58	492,547
Navios Partners	NMM	\$23.85	\$23.03	3.56%	\$35.41	\$20.36	\$25.18	139,184

Oslo-Listed Shipping Comps (currency in NOK)	Ticker	3/24/2023	3/17/2023	Change %	52 wk high	52 wk low	1/2/2023	3-Month Avg. Vol.
Golden Ocean	GOGL	98.20	99.58	-1.39%	154.15	79.24	88.78	891,413
Stolt-Nielsen Ltd.	SNI	313.50	304.00	3.13%	332.00	157.00	279.00	57,011
Frontline Ltd.	FRO	170.42	171.60	-0.69%	201.20	70.88	123.00	1,593,722
MPC Containers	MPCC	16.73	18.81	-11.03%	32.25	14.89	16.71	4,112,972
Jinhui Shpg. & Trans	JIN	7.37	7.70	-4.29%	18.50	7.18	7.92	104,830
Odfjell (Common A Share)	ODF	93.00	93.20	-0.21%	102.50	36.00	87.00	18,050
American Shipping Co.	AMSC	40.40	42.15	-4.15%	47.95	32.00	43.65	86,494

CAPITAL MARKETS DATA

Shipping Equities: The Week in Review

SHIPPING EQUITIES OUTPERFORMED THE BROADER MARKET

Shipping equities outperformed the indices last week, with the Capital Link Maritime Index (CPLMMARI) -- a composite index of all US listed shipping stocks – up 1.81%, compared to the S&P 500 (SPX) which went up 1.39%, Nasdaq (CCMP) up 1.66%, and Dow Jones Industrial Average (INDU) down 1.18%.

The Capital Link Maritime Indices were positive this past week with one of the seven indices closing in the red and six closing with gains. The best performer was the LNG/LPG Index (CPLMLNPG) with a gain of 4.22%, while the Container Index (CPLMCONT) was the worst performer with a loss of 0.46%.

The Baltic Indices varied last week with four of the seven indices closing with gains and three closing with losses. The best performer was the Clean Tanker Index (BCTI) which spiked 12.15%, while the Panamax Index (BPI) was the worst performer which decreased 8.76%.

CAPITAL LINK MARITIME INDICES

Index	Symbol	3/24/2023	3/17/2023	% Change	YTD % Change	1/3/2023
Capital Link Maritime Index	CPLMMARI Index	2,294.64	2,253.80	1.81	9.67	2,092.26
Tanker Index	CPLMTANK Index	2,778.89	2,739.36	1.44	12.70	2,465.73
Dry Bulk Index	CPLMDRYB Index	1,612.15	1,556.41	3.58	1.86	1,582.71
Container Index	CPLMCONT Index	2,102.98	2,112.67	-0.46	6.43	1,976.01
LNG/LPG Index	CPLMLNPG Index	2,096.71	2,011.87	4.22	1.17	2,072.45
Mixed Fleet Index	CPLMMIXD Index	1,348.71	1,334.93	1.03	-0.98	1,362.12
MLP Index	CPLMMLPI Index	1,503.72	1,444.29	4.11	-5.74	1,595.28

The objective of the Capital Link Maritime Indices is to enable investors, as well as all shipping market participants, to better track the performance of listed shipping stocks individually, by sector or as an industry. Performance can be compared to other individual shipping stocks, to their sector, to the broader market, as well as to the physical underlying shipping markets or other commodities. The Indices currently focus only on companies listed on US Exchanges providing a homogeneous universe. They are calculated daily and are based on the market capitalization weighting of the stocks in each index. In terms of historical data, the indices go back to January 2, 2005, thereby providing investors with historical performance.

There are seven indices in total; the Capital Link Maritime Index comprised of all 45 listed shipping stocks, and six Sector Indices, the CL Dry Bulk Index, the CL Tanker Index, the CL Container Index, the CL LNG / LPG Index, the CL Mixed Fleet Index and the CL Maritime MLP Index.

The Index values are updated daily after the market close and can be accessed at or at or www.MaritimeIndices.com. They can also be found through the Bloomberg page "CPLI" and Reuters.

CAPITAL MARKETS DATA

Global Shipping Company Bond Data

			Principle							As of		
			Balance						<u>M</u>	arch 24, 2	023	Ask
Segment	Issuer	Coupon	(\$MM)	Symbol	Security	Maturity	Moody	S&P	Price	YTW	YTM	Price
Barge	Kirby Corporation	4.20%	\$500.0	KEX	Senior Unsecured	2028	Caa1	NA	\$95.20	5.32%	5.32%	\$95.20
Container	Atlas Corp.	0.00%	\$80.0	ATCO	Senior Unsecured	2027	NA	NA	NA	NA	NA	NA
Container	Atlas Corp.	6.50%	\$300.0	ATCO	Senior Unsecured	2026	NA	NA	\$99.95	6.52%	6.52%	\$101.01
Container	Atlas Corp.	5.50%	\$750.0	ATCO	Senior Unsecured	2029	NA	NA	\$77.25	10.49%	10.49%	\$77.25
Dry Bulk	Star Bulk Carriers Corp.	8.30%	\$50.0	SBLK	Senior Unsecured	2022	B1	В	NA	NA	NA	NA
LNG	GasLog Ltd	9.56%	\$87.5	GLOG	Senior Unsecured	2024	NA	NA	\$105.00	6.40%	6.69%	\$105.50
LNG	Teekay LNG Partners L.P.	7.88%	\$82.6	TGP	Senior Unsecured	2023	NA	NA	\$100.50	7.08%	7.08%	\$101.00
Offshore Services	Brookfield Business Partners LP	8.50%	\$275.7	BBU.UT-CA	Senior Unsecured	2023	NA	NA	\$2.50	NA	NA	\$2.50
Tanker	Eletson Holdings, Inc.	9.63%	\$300.0	06TRYQ-E	Senior Secured	2021	B2	NA	NA	NA	NA	NA
Tanker	International Seaways, Inc.	8.50%	\$25.0	INSW	Senior Unsecured	2020	NA	CCC+	NA	NA	NA	NA
Tanker	Scorpio Tankers Inc.	7.00%	\$42.2	STNG	Senior Conv.	2025	NA	NA	\$24.65	7.68%	7.68%	\$24.65
Tanker	Teekay Corporation	8.50%	\$36.8	TK	Senior Unsecured	2020	Caa1	B-	\$99.75	10.16%	10.16%	\$99.75

Source: FactSet

Contributed by Stifel Nicolaus & Co, Inc.



SHIPPING MARKETS



TENTATIVELY POISED!

Sub-continent markets appear to be more tentatively poised this week, with a cooling demand and lower levels that are increasingly reflective of domestic steel prices and have likely peaked.

Several sales were concluded at impressive numbers over the space of one or (maximum) two weeks before prices started to decline again by about USD 20/LDT, returning to the relative normalities of recent times.

That being said, prices are still trading above USD 600/LDT in Bangladesh and are not too far from that in India, with only Pakistan (and even Turkey) lagging significantly behind and out of the reckoning for another week.

As far as Turkey goes, other than the weekly fluctuation in steel plate prices and the Lira depreciating, not a whole lot has changed with this market that has been deprived of tonnage for a while now.

Overall, the supply of tonnage also seems to have slowed, which is encouraging for Cash Buyers with existing inventories in order to get their desired levels and not distracted by the supposed deluge of tonnage that many ship recyclers have been fearing will greet their shores.

Indeed, container charter rates have picked up from their lows seen earlier this year and so too have dry bulk levels enjoyed a rise in rates, which will see vessels from these two sectors arrive at a slower overall pace over the immediate future.

This will (hopefully) allow both Bangladeshi and Pakistani markets to sort out their chronic L/C financing issues, with it still taking much longer in order to open L/Cs and obtain bank approvals (often if going through state central government banks no approvals are forthcoming at all for the time being).

For week 12 of 2023, GMS demo rankings / pricing for the week are as below.

Rank	Location	Sentiment	Dry Bulk USD / LDT	Tankers USD/LDT	Containers USD / LDT
1	Bangladesh	Positive	610 / LDT*	630 / LDT*	650 / LDT*
2	India	Positive	570 / LDT	580 / LDT	600 / LDT
3	Pakistan	Weak	540 / LDT*	550 / LDT*	560 / LDT*
4	Turkey	Steady	330 / LDT	340 / LDT	350 / LDT

SHIPPING MARKETS



POTEN & PARTNERS

POTEN TANKER OPINION

7 1

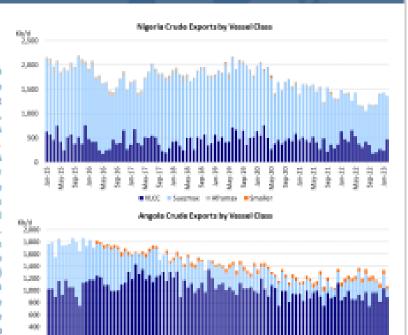
Going, Going ... Down

West African crude oil exports have been gradually declining

West Africa is home to two significant crude oil producers and a large number of smaller players. The two largest producers are Nigeria and Angola, and they dominate the West African export market. There are many smaller producers, like Cameroon, Gabon, Ghana, Equatorial Guinea and Togo, but their exports don't play a significant role in the seaborne export market. Nigeria has been the top producer over the last 20 years, but its output has been volatile. Angola's output grew quickly in the early 2000s, coinciding with the rapid expansion of Chinese crude oil imports. However, over the last 10 years, production in both Nigeria and Angola has been trending down. Peak oil production in Nigeria was in 2010 when it averaged 2.53 Mb/d. Angola reached its highest annual average crude oil production in 2008 at 1.88 Mb/d. The latest (2022) numbers for these countries are 1.15 Mb/d (Nigeria) and 1.14 Mb/d (Angola) respectively. This slowdown in West African output has had a significant impact on oil flows and tanker employment. The current geopolitical situation and significant future developments are reinforcing these downward trends. To determine the short-term and long-term impact on the tanker market of the developments in West Africa, we will take a detailed look at each of the two key countries.

Nigeria has been the largest African oil producer since it surpassed Libya in the late 1970s. Since 2018, Nigerian exports have generally declined, fluctuating between 1.95 Mb/d (2019) and 1.29 Mb/d (2022). The early months of 2023 show a small recovery. Over the last 5 years, Europe has been the biggest customer of Nigerian crude oil. Exports to Europe increased dramatically in 2022 after the invasion of Ukraine caused EU countries to reduce (and ultimately eliminate) the seabonne importation of Russian crude oil. This upward trend seems to continue so far in 2023. India, which also was an import client of Nigerian is going in the opposite direction. It has reduced its intake of Nigerian crude and boosted purchases of cheap Russian Urals instead. China was never a significant buyer of Nigerian crude, but in 2022 it reduced its purchases to a trickle. Like India, China also increased its purchases from Russia.

Suezmaxes have always been the key export tankers for Nigeria, with 70% market share over the last 5 years. VLCCs move about 27%, with the remainder transported on smaller vessels. The future outlook for Nigerian crude oil exports is rather dim. The country, which is a member of OPEC, produced at a 40-year low in 2022, well below its quota. Frequent sabotage and chronic underinvestment make a quick and sustainable recovery unlikely. The expected startup of the Dangote refinery later this year will have an even bigger impact. Fully operational, this refinery will process 600,000 b/d of crude, most of it expected



iourse. Lioyal's USS Intelligence

to come from domestic sources. This will dramatically reduce the availability of barrels for export in 2024 and beyond.

The situation in Angola is different, although some of the challenges it faces are the same as in Nigeria. Angola's production and exports have also declined, with a lack of investment the main culprit here as well. However, 2022 showed a slight improvement relative to 2021. Unlike Nigeria, Angola is highly dependent on China for their exports. During the period 2018 to 2021, more than 60% of Angola's crude was sold to China, with the remainder distributed between India, the rest of Asia, Europe and the Americas. The Russian invasion of Ukraine impacted Angola's trade flows as well. China's cut its purchases, while Europe doubled its intake of Angolan crude.

In contrast to Nigeria, VLCCs dominate the Angolan export trades: 72% of Angolan barrels are moved on VLCCs, with most of the remainder going on Suezmaxes. Given the dominance of the long-haul trades to China, it is not a surprise that VLCCs are the vessels of choice since they provide maximum erronomies of scale.

Future developments will drive the relative strength of the VLCCs versus the Suezmaxes. Nigeria's exports will decline when the Dangote refinery starts up. Normally, this would hurt the Suezmax segment, but given that the Russian invasion of Ukraine has significantly boosted Suezmax demand worldwide, its impact may be muted. The recovery of China's oil demand may ultimately boost its imports from Angola again, providing a boost to VLCC demand.

First Watch: Stifel Shipping Weekly

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Rates in \$/Day Vessel Category	Weekly Trend	3/26/2023	3/13/2023	% Change	2023 YTD
Crude Tanker					
VLCC	₩	\$90,169	\$93,688	(3.8%)	\$52,860
Suezmax	^	\$84,941	\$82,087	3.5%	\$70,211
Aframax	Λ.	\$101,628	\$88,694	14.6%	\$76,849
Product Tankers					
Long Range (LR2)	lack	\$58,473	\$83,218	(29.7%)	\$40,194
Medium Range	^	\$33,016	\$29,854	10.6%	\$28,690
Dry Bulk					
Capesize	¥	\$21,258	\$21,475	(1.0%)	\$15,186
Panamax	↓	\$19,000	\$19,900	(4.5%)	\$15,625
Supramax	₩	\$13,724	\$14,076	(2.5%)	\$10,997
Containers					
Neo-Panamax 9,000 TEU	\leftrightarrow	\$54,000	\$54,000	0.0%	\$60,000
Panamax 4,400 TEU	^	\$22,000	\$21,000	4.8%	\$20,500
Handy 2,750 TEU	Λ.	\$18,000	\$17,750	1.4%	\$18,500
LPG-84,000 cbm	₩	\$72,250	\$78,818	(8.3%)	\$64,269
LNG-160,000 cbm	₩	\$63,000	\$66,250	(4.9%)	\$74,583

Source: Clarkson Research & Astrup Feamley

Last week, we discussed chaos in the oil markets and the impact on tankers. This week we are discussing chaos of a different sort, within the financial markets. Generally, the collapse of several mid-level U.S. banks with no material shipping exposure is not too meaningful to capital availability across the predominantly international industry. Certainly not in comparison to the financial crisis of 2008 when letters of credit dried up which are necessary to support much of global trade, particularly for things like dry bulk shipping. In that case, a not immaterial portion of trade was paralyzed causing freight rates to fall. Not to be forgotten of course was the negative impact on demand from the soft economy, paired with unprecedented levels of fleet growth in virtually every commercial ship category. Letters of credit do not seem to be a problem in the current situation, and consumer demand has at least thus far not been negatively impacted to the same extent as was the case 15 years ago, and at least for most segments ship ordering has been limited.

One unique dynamic however is the acquisition of Credit Suisse by UBS. Credit Suisse is the 10th largest lender to the maritime industry and by far the largest lender to the Greek shipping sector. By comparison UBS has virtually no shipping business at all. It remains unclear what the plan is with respect to the shipping business going forward, but there was a Wall Street Journal article suggesting that UBS may choose to no longer make the industry a focus. There have been times when large segments of the banking market evaporated, specifically nearly the entire German market 10-12 years ago. The gap was filled in time, but it did coincide with a shrinking of Germany collectively as a major player in ocean shipping. We suspect, there is little risk of such a recurrence at the moment, but if capital does become scarcer and it is already much more expensive, it might lead to less cash based sale and purchase activity. On the other hand, capital scarcity can create opportunities for consolidation for the larger companies with a broader base of capital access buying smaller operates which may be more capital constrained. We are not holding our breath for large scale consolidation of an incredibly fragmented industry, but it's fun to dream.

Global Shipping Fleet & Orderbook Statistics

Cargo	Category	Fleet Size (DWT)	Orderbook (DWT)	OB/Fleet %	Average Age	% Greater than 20 yrs.
Crude	VLCC	272,528,558	12,728,191	4.7%	10.9	14.1%
	Suezmax	99,398,170	4,847,494	4.9%	11.0	13.3%
	Aframax	74,677,074	4,449,760	6.0%	13.1	17.7%
Product	LR2	45,771,519	5,070,989	3.7%	10.1	6.3%
	LR1	27,830,254	80,000	3.7%	13.3	5.6%
	MR	99,209,021	3,671,452	3.7%	12.5	12.7%
	Handy	4,597,052	233,300	5.1%	15.4	28.8%
Dry Bulk	Capesize	402,200,000	12,395,500	3.1%	9.9	3.1%
	Panamax	244,755,555	14,785,500	6.0%	11.5	13.5%
	Supramax	226,526,216	15,252,300	6.7%	11.5	11.4%
	Handymax	114,531,453	2,473,170	2.2%	13.0	14.9%
		(TEU)	(TEU)			
Containers	Post-Panamax	3,509,067	4,150,517	118.3%	5.3	0.0%
	Neo-Panamax	10,634,427	1,215,508	11.4%	9.3	1.9%
	Intermediate	6,546,573	1,339,209	20.5%	15.2	21.8%
	Feeder	4,525,657	624,895	13.8%	15.8	27.6%
		(CBM)	(CBM)			
Gas	LPG	40,813,496	8,109,692	19.9%	15.7	16.5%
	LNG	102,014,827	51,203,396	50.2%	14.3	10.9%

DWT: Dead Weight Tons, TEU: Twenty Equivalent Units, CBM: Cubic Meters Source Clarksonss Research Services

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